



**PADOVAN METHOD COURSES  
GENERAL INFORMATION**

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## **3° Edition**

Courses department  
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## SUMMARY

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| <b>Course</b>  | <b>04</b> |
| Preconditions for the Course and Certificate         | 04        |
| Course Structure                                     | 05        |
| Course Stages  | 05        |
| Documents  | 06        |
| Qualification  | 07        |
| <b>Course Stages Protocols</b>                       | <b>08</b> |
| Internship - general information                     | 08        |
| “Therapeutic Evaluation Video” - general information | 08        |
| <b>Therapists</b>                                    | <b>12</b> |
| Conditions to resume the Course                      | 12        |
| Conditions for Course’s update                       | 13        |
| <b>“Regional Reference” Therapist</b>                | <b>14</b> |
| Conditions to become “Regional Reference” therapist  | 14        |

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## COURSE

As part of enabling and instruction process of human health professionals in the Neurofunctional Reorganization Padovan Method - Método Padovan®, the company “Padovan NeuroDynamic Núcleo de Formação e Referência LTDA” presents this document describing stages, conditions and details of Padovan Method’s Course process.

- > **The current training program is being yearly reviewed and updated.**
- > **Up to present, it is possible to conclude the complete course in approximately two years.**
- > **Deadline to conclude the course process is 5 years. The student that is not able to conclude the course in the defined time will have to adapt to the “Conditions to pursue the Course”.**
- > **Exceptional cases will be particularly analysed.**

## COURSE and CERTIFICATE PRECONDITIONS

- > To have a **Professional Diploma** or **have concluded 50% of the academic process to get the Diploma** in some of Human Health Professions with clinical practice qualification.
  - If the student does not present the **Professional Diploma (Academic Degree Certificate), or a Certificate that proves he/she has concluded 50% of the academic process to get it**, he/she will not be able to participate in the Course.
- > **To conclude the Course and get the Neurofunctional-reorganization in Padovan Method’s Course Conclusion Certificate, the student must present the Professional Diploma (Academic Degree Certificate) with all academics concluded.**

### Professionals that may apply to our Padovan Method’s Course:

- > Medical doctors,
- > Medical nurses,
- > Physiotherapists,
- > Osteopaths (under individual analysis)
- > Occupational Therapists,
- > Bachelor of Physical Education (under individual analysis)
- > Physical education teacher specialized in Psychomotricity and or other neurosciences areas (under individual analysis)

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- > Dentists/ Orthodontists
  - > Phonoaudiologists
  - > Psychologists with degree in Psychomotricity and/or other neurosciences areas (under individual analysis)
  - > Psychopedagogues with degree in Psychomotricity and/or other neurosciences areas (under individual analysis)

## COURSE STRUCTURE:

Método Padovan® Course is actually composed by:

**06 (six) sequential Modules** of 4 (four) days each.

**Observational Internship:** To make at least 10 (ten) observational internship therapy sessions in one Padovan® Clinic or with authorized Therapist (Regional Reference).

- > Participant must apply the Observational Internship sessions after Module II, and, ideally, before Module V.

**Therapeutic Experience:** To receive at least 10 (ten) therapy sessions as patient in one Padovan® Clinic or with authorized Therapist (Regional Reference).

- > Participant must complete the Therapeutic Experience sessions after Module II, and, ideally, before Module V.

**Therapeutic Evaluation Video – Module V:** a video containing a complete record of a therapy session applied by the student for technical skills improvement and evaluation.

## COURSE STAGES

**Module I: Theoretical bases of Padovan® Method** and “Physical Exercises” learning.

**Module II:** Oral functions and their rehabilitation. Theory and practice.

**Module of Deepening Oral and Body Exercises:** Review of “Oral and Body exercises”, deepening of the application of exercises for specific pathologies and conditions.

**Module III:** Specific exercises for occlusal alterations and phonemes articulation. Theory and practice.

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**Module IV:** Sences study, sensorimotor integration, learning disturbs and invasive development disorders.

**Module V:** Deepening of neurological and practical aspects of Padovan® Method.

- > **Therapeutic Evaluation Video:** Video must be delivered in Module V for technical skills improvement and evaluation of the applied therapy by the therapist in course. See page 08 for more information.

**Observational Internship:** To assist at least 10 (ten) observational internship therapy sessions.

- > Observational Internship sessions are offered and must occur with the Regional Reference classified therapists of Padovan Method. You may find these professionals names and contacts in our official website, at “Trapeutas” link [www.metodopadovan.com](http://www.metodopadovan.com)

**Therapeutic Experience:** To receive at least 10 (ten) therapy sessions as patient.

- > Therapeutic Experience sessions are offered and must occur with the Regional Reference classified therapists of Padovan Method. You may find these professionals names and contacts in our official website, at “Trapeutas” link [www.metodopadovan.com](http://www.metodopadovan.com)

**\*Presence and Abstention:** The maximum limit of absence per student per module allowed by Padovan Method Teaching Center is 15% of total hours defined for each Course module.

## DOCUMENTS

### Module Certificate:

- > Student will receive a **Digital Module Certificate** proving his/her participation after each concluded Module/Step.

### Certificate in Padovan Method Course Conclusion:

- > After concluding all steps and having approved the Module V Evaluation video, the student will get an email asking for the Observational Internship and Therapeutic Experience statements.
- > After confirmation of all stages concluded, therapist will receive the **Padovan® Method’s Course Conclusion Digital Certificate**.
- > Graduated students will have their names published in the list of the Method’s therapists.

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**\*Note 1:**

In specific cases, where we do not have the documents in our archives, we may ask the student to send us the following documents:

- > All six (06) Modules certificates.
- > Observational Internship statements.
- > Therapeutic Experience statements.
- > Approval report of Module V Supervision Video.

Documents mentioned above must be digitalized and sent in a single email to [cursos@metodopadovan.com](mailto:cursos@metodopadovan.com)

## QUALIFICATION

Having finished the above-mentioned stages, therapist will be graduated in Método Padovan®, and qualified to:

- > Patients integral care.
  - During the course, student will apply exercises according to the concluded stages, having an obligation to inform all patients that is **acting in a partial way while he/she doesn't conclude the whole formation process.**
- > To formally promote the Method's application as Padovan®'s Therapist.
  - Formal publicity of practices as Padovan®'s Method Therapist **is not allowed** until the complete course is concluded.

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# COURSE STAGES PROTOCOLS

## 1 – INTERNSHIP SESSIONS GENERAL INFORMATION

- > **Therapeutic sessions received (Therapeutic Experience)** may start after finishing Module II and, preferably, before Module V. To conclude the course, the minimum number of sessions is 10.
- > **Observational Internship sessions** may start after finishing Module II and, preferably, before Module V. To conclude the course, the minimum number of sessions is 10.
- > Internship sessions are offered and must occur with the Regional Reference classified therapists of Padovan Method. You may find these professionals names and contacts in our official website, at “Terapeutas” link [www.metodopadovan.com](http://www.metodopadovan.com)
- > Prices related to internship sessions may vary depending on the country where the Course is taking place, and according to the professional that will apply the sessions.
- > It is not necessary to make all sessions with a single professional, we suggest to vary therapists so that the acquired experience is more diverse and rich.

## 2 – GENERAL INFORMATIONS TO RECORD MODULE V VIDEO OR EXTRA SUPERVISSION VIDEO

### 1. “Therapeutic Evaluation Video” Objectives:

- > This video has the purpose of observing student’s behaviour, technics, dynamic (rhythm/poetry) and general comprehension. Here we will supervise and evaluate the student/therapist exclusively, it will not be a patient’s therapy supervision.
- > The finality of this video is to serve as a reference for **final evaluation** of the student/therapist’s developed technique.
- > The video’s objective is to be a **learning tool**. Besides the evaluation finality, it provides the opportunity to receive an individualized and detailed supervision of student’s work, allowing him or her to evolve in his/her clinical practice whit confidence and specialized support.



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## 2. “Therapeutic Evaluation Video” Information:

- > There are 3 “Therapeutic Evaluation Video” categories:

### First Video:

- Consists in the first video sent by the student.
- In this case the student will receive a **Supervision Report**.
- Students who receive the rating “Regular”, “Good” or “Very Good” will be approved and will receive the “**Padovan® Method’s Course Conclusion Digital Certificate**”.
- If the rating obtained by the student in this first video is 'Insufficient', it will be necessary to resubmit a new video for supervision, with the suggested improvements, with the aim of achieving the rating 'Regular'. Only by achieving the “Regular” rating will the therapist receive the “**Padovan® Method’s Course Conclusion Digital Certificate**”.

### Second Video:

- It consists of the second video sent by the student. Submit this second video is only necessary when the student has obtained an “Insufficient” rating on the first video evaluation.
- In this case the student will receive a **Supervision Report**.

### Extra Supervision Video:

- It consists of the video sent by the trained therapist, who is interested in continuing their improvement process or has the objective of becoming a “**Regional Reference**” therapist.
- In this case the student will receive a **Supervision Report**.

## 3. Student Evaluation - the student will be evaluated and included in one of the following categories:

> **Very Good:**

- In this category, therapy is getting **between 81% and 100% of therapeutic potential** (what the therapy could be doing for the patient).
- The student will get the **Module V Certificate**.
- The student will receive the “**Course Conclusion Certificate**” if he/she concluded all the stages of the Formation process (internships, therapies, etc).
- Therapist will be classified as “**Regional Reference**” and will be able to receive course’s trainees.

> **Good:**

- In this category, therapy is getting **between 61% and 80% of therapeutic potential** (what the therapy could be doing for the patient).
- The student will get the **Module V Certificate**.

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- The student will receive the “**Course Conclusion Certificate**” if he/she concluded all the stages of the Formation process (internships, therapies, etc).

> **Regular:**

- In this category, therapy is getting **between 41% and 60% of therapeutic potential** (what the therapy could be doing for the patient).
- The student will get the **Module V Certificate**.
- The student will receive the “**Course Conclusion Certificate**” if he/she concluded all the stages of the Formation process (internships, therapies, etc).

> **Insufficient:**

- In this category, therapy is getting **less than 40% of therapeutic potential** (what the therapy could be doing for the patient).
- The student will get the **Module V Certificate**.
- The student will receive the “**Course Conclusion Certificate**” only when he/she has reached the minimum qualification of “**Regular**” in the therapy’s application, and having concluded all the stages demanded for “**Regular**” qualification.
- This student must send a **second video** with the necessary corrections and suggestions pointed by the supervisors.

### 3 – GENERAL INFORMATIONS:

We here emphasize the importance of delivering the “**Therapeutic Evaluation Video**” before **Module V** and for **Padovan® Method Course** conclusion.

- > “**Therapeutic Evaluation Video**” must be delivered within the maximum term of thirty (30) days before the initial date of the Course. The student that doesn’t deliver the video on time may not receive the individual Report of Module V, and, therefore, will not receive Module V Certificate until the evaluation of the mentioned archives.
- > Getting the video on time is fundamental to guarantee that the student receive the corrections pointed by the video evaluation to participate of Module V. If the video is not presented on time, the student/therapist will lose the opportunity to clarify doubts related to the individual supervision during the course. In this case, after receiving the supervision document (after Module V), the student/therapist will be able to ask for extra supervision help with additional cost, to clarify possible doubts.
- > The “**Therapeutic Evaluation Video**” **individual supervision report** is a fundamental part of Module V Didactic Material. Therapists that are not able to deliver on time the video will not have the guarantee of receiving the report nor Module V Certificate. Both will be sent by email after receiving their corrections.

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- > “Use of Image and Sound Authorization” and “Clinic Case Questionary” must be sent together with the video, at the same moment.
  - > Video must be actual and must have been recorded in the last bimester before delivery.
  - > The archives must be sent **exclusively by Dropbox** to the following address: [cursos@metodopadovan.com](mailto:cursos@metodopadovan.com)
  - > The supervision team is compromised to deliver the supervision report in the maximum term of 60 days for all the Therapeutic Evaluation videos.

## 4 – VIDEO SUPERVISION VALUES:

### Module V Video:

- > **First Video:** 100 euros
- > **Second Video:** 100 euros

\* “Therapeutic Evaluation Video” must be payed separately from Module V, through PayPal and/or bank bill.

**Extra Supervision Videos:** 150 euros

## 5 – TECHNICAL INSTRUCTIONS FOR MODULE V “THERAPY EVALUATION VIDEO”:

- > Patient anamnesis and complete observances of the clinical case fulfilled in the “Clinic Case Questionary” must be sent together with the video.
- > The video might be recorded following some patterns to facilitate supervisor’s work and evaluation. Out of pattern videos will not be accepted, and, in this case, supervisor may ask to redo the video.

## 6 – RECORDING PATTERNS:

- > To well evaluate technics and therapeutic behaviour, we ask to film a **patient** receiving the **complete program**.
- > If possible, second video should be recorded with the same patient.

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- > Video must have no cuts or editions. Filming must be continuous so that the conclusion and therapy sequency may be observed by the supervision team. **Cuttet off or edited videos will not be accepted.**
  - > **Videos must be recorded with a camera/cellular in horizontal position, in widescreen format.** Videos out of this format will not be accepted.
  - > **Videos with audio problems that do not allow to hear well the therapists voice, or without audio, will not be accepted.**
  - > Video must have a **large room vision**.
  - > Whenever possible, the **camera must be centralized with patient's central axis** so that symmetry in the exercise's application may be observed.
  - > **Visual Exercises:** it is required to be recorded under "dim light", so that all application aspects may be observed.
  - > **Oral Exercises:** it is important to position the camera in a way that patient's and therapist's application details be visible.

## THERAPISTS

### CONDITIONS TO RESUME THE COURSE

**\* This condition is for those students that initiated the Course and did not conclude it.**

1. The student that is within 5 (five) years of the Course's beginning will be able to continue the stage (Module) in which he/she has stopped.
2. The student that doesn't conclude the formation within the stipulated date, but is interested in concluding the Course, will have to send a "Therapeutic Evaluation Video" for individual analysis.
  - > If the student is evaluated as "**Regular**" category or better, he/she will be allowed to continue from the stage where he/she stopped and conclude the Course.
  - > If the student is evaluated as "**Insufficient**" category, he/she shall have to remake the complete actual formation, following the orientated sequency to conclude the Course.

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- If the therapist wants and/or needs to redo some Module, he/she will receive **50%** of official discount on the value.

## CONDITIONS FOR COURSE'S UPDATE

**\* This condition is for those therapists that have interest in remaking some Modules or the complete actual Course, with the intention to be updated.**

It is worth mentioning that it is not necessary to update. Therapists formed before 2016 have preserved all their rights and continue in the official formed Therapists list of the Method, as long as they have completed the formation and that we have the conclusion process reports.

**1 – Module update:** formed therapist that is interested in remaking any **Module**, wanting to be updated/recycled, will get **50%** official discount.

**2 – Course update:** Formed therapist that is interested in obtaining the **current Course Certificate** must send a “Therapeutic Evaluation Video” for individual analysis.

- > If the student is evaluated as “**Regular**” category or better, he/she will be allowed to continue from the stage where he/she stopped and conclude the Course.
- > If the student is evaluated as “**Insufficient**” category, he/she shall have to remake the complete actual formation, following the orientated sequency to conclude the formation.
- If the therapist wants and/or needs to redo some Module, he/she will receive **50%** of official discount on the value.

**3 – Therapist that concluded the Oral Motricity specialization course, offered and given by Dr. Beatriz Padovan, and that is interested in having the up-to-present Course Certificate, must send a “Therapeutic Evaluation Video” for individual analysis.**

**\*It should be noted that Oral Motricity specialization course is equivalent to Modules I, II and III.**

- > If the student is evaluated as “**Regular**” category or better, he/she will be allowed to continue from the stage where he/she stopped and conclude the Course.
- > If the student is evaluated as “**Insufficient**” category, he/she shall have to remake the complete actual formation, following the orientated sequency to conclude the formation.
- If the therapist wants and/or needs to redo some Module, he/she will receive **50%** of official discount for **Modules I, II and III.**

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4 – The therapist that made the “Certificate Process”, offered and given by Dra. Sônia Padovan, that is interested in obtaining the current **Course Certificate** must send a “Therapeutic Evaluation Video” for individual analysis.

- > If the student is evaluated as “**Regular**” category or better, he/she will be allowed to continue from the stage where he/she stopped and conclude the Course.
- > If the student is evaluated as “**Insufficient**” category, he/she shall have to remake the complete actual formation, following the orientated sequency to conclude the formation.
- If the therapist wants and/or needs to redo some Module, he/she will receive **50%** of official discount on the value.

## REGIONAL REFERENCE

“Regional Reference” title is a seal of qualification that authorizes formed therapist to receive Internship sessions and “Therapeutic Experience” sessions trainees.

It also consists in a qualification as a “quality therapist” to indicate patients through Padovan Method’s official ways. Although all formed therapist’s names are listed in our official website, we always give priority to indicate the “Regional Reference” therapists in case of patients or patient’s familiars asking us for an orientation.

These professionals’ names and contacts are published in our official website, at “Terapeutas” link [www.metodopadovan.com](http://www.metodopadovan.com)

## CONDITIONS TO BECOME A “REGIONAL REFERENCE”

The main pre-condition to become a Regional Reference is to be a formed therapist, no matter when this formation was obtained.

### 1 – “Very Good” Therapist:

- > When therapist has finished the Course process and is classified as a “**Very Good**” therapist in the final video evaluation, he/she will receive the “**Regional Reference**” title.

### 2 – “Good” Therapist:

- > When therapist has finished the Course process and is classified as a “**Good**” therapist in the final video evaluation, and is interested in becoming a “**Regional Reference**”, he/she must send a new video with the suggested corrections pointed in the last evaluation.

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### 3 - “Regular” Therapist:

- > When therapist has finished the Course process and is classified as a “**Regular**” therapist in the final video evaluation, and is interested in becoming a “**Regional Reference**”, he/she may continue training process under the supervision video system.
- >

### 4 – Therapist formed before 2016:

- > If therapist was formed before 2016 and is interested in becoming a “**Regional Reference**”, it will be necessary to send us a video with a complete therapy to Supervision unit. If the result is “**Very Good**”, he/she will be included in the Regional Reference list. Otherwise, he/she will be instructed to correct some aspects and/or remake certain stages before sending a new video for evaluation.